



YC Positive Activity Days 8-11 year olds

The Group Programme for 8-11s is organised and delivered in-house by the Young Carers Family

A day of activities are run each school holiday in 3 areas of county

NB Summer Residentials are now entirely dependent on fundraising

Local YC Groups 11-15 year olds

The Young Carers (Family) Team (YCT) jointly run weekly groups in partnership with Carers Support West Sussex (CSWx) and Sussex Clubs for Young People (SCYP) These groups will be part funded by YCT and part funded by fundraising

NB Summer Residential/Young Carers Festival are now entirely dependent on fundraising

Groups - co-ordinated by YCT and planned and delivered by Youth Worker lead

Future Transition Programme 16 -25

Partnership arrangement with Carers Support West Sussex

3 area groups meet monthly in Worthing, Crawley and Chichester organised planned and delivered jointly by workers from both YCT & CSWx.

PLUS Residential (Funding Dependent)

Assessment and Direct Work 0-18 year olds

Statutory YC Assessments including Statutory Transition assessments for 16/17 year olds

Direct family work to reduce inappropriate or excessive caring roles

Direct work to build the resilience of YC or family Families at Level 2, 3 and 4 on continuum of need



West Sussex Young Carers (Family) Team

YC Team Manager (FT)

YC Partnerships and Volunteer Lead (FT)

Referrals and allocations lead (FT) from 1.4.23

YC Duty & Referral Co-ordinator (0.5)

YC key workers (6.8 FTE) to 8.8 FTE as of 1.4.23

Volunteer Projects

Volunteer Mentor Project – positive role models in the community help YC's to work towards specific goals
Volunteer Transport Project - enabling YC's in most need to access YC local groups
Group Programme Volunteer Project – enabling additional support on respite activities

Young Carers Discount Card

Discounts available with local businesses

Consultation

Offer to WSCC Early Help Workers and some WSCC SW to advise and ensure that they are addressing the caring role in their work

Breaks Fund

Flexible Fund aimed at providing respite particularly for Under 8 year olds
YC's not suitable for group programme
YC's in most need of additional activities

Raising Awareness

Training and Information
Creating Specific YC Resources
Events
Online Training Course

Counselling

Commissioned partnership with Your Space Therapies (YST)
Up to 10 sessions funded to take place in school